

# Health Care FSA Sample Eligible Expenses

## Limited FSA ("L")

If you or your spouse contribute to a health savings account (HSA), you may sign-up for a limited purpose FSA.

Eligible expenses for a limited FSA include:

- ✓ **Dental**
- ✓ **Vision**
- ✓ **Post-deductible medical**

*Post-deductible medical expenses include medical deductible expenses after you have incurred the first: \$1,350/single or \$2,700/family for 2018 and 2019.*

## Eligible Expenses

Acupuncture  
 Alcoholism / Drug treatment  
 Ambulance charges  
 Arch supports  
 Arthritis gloves  
 Bandages / Band-Aids  
 Bariatric surgery  
 Birthing classes  
 Blood pressure monitors  
 Blood sugar test kits/strips  
 Body scans (MRIs)  
 Brace for knees, wrists, back  
 Breast pumps and supplies  
 Chiropractic fees  
 Compression hosiery  
 Contact lenses & solutions ("L")  
 Contraceptives  
 Co-pays / Co-insurance  
 Costs for physical or mental illness confinement

CPAP devices  
 Crutches / cane  
 Deductible expenses  
 Dental implants ("L")  
 Dental treatment ("L")  
 Dentures ("L")  
 Diabetic supplies  
 Durable medical equipment  
 Eyeglasses & eye exam ("L")  
 First aid kits  
 Hearing aids & batteries  
 Incontinence supplies  
 Infertility treatment/IVF  
 Insulin supplies  
 Laboratory fees  
 Laser eye surgery ("L")  
 Liquid adhesive for small cuts  
 Mastectomy related bras  
 Medical alert bracelet  
 Medical records charges  
 Midwife  
 Mileage  
 Motion sickness wristband  
 Occlusal guards ("L")  
 Orthodontia/Invisalign ("L")  
 Orthopedic shoe insert  
 Ostomy, colostomy supplies  
 Ovulation monitor  
 Physical therapy  
 Prescriptions  
 Pregnancy test kits  
 Psychiatric care  
 Reading glasses ("L")  
 Rehydration solution (Pedialyte for children)  
 Rubbing alcohol  
 Saline solution ("L")  
 Seeing eye dog & expenses  
 Shipping & handling for eligible medical expenses  
 Smoking cessation programs  
 Special communication equipment for the deaf  
 Speech therapy  
 Sterilization procedures  
 Sunscreen  
 Taxes on medical services & products  
 Telemedicine & online medical consultation  
 Telephone for hearing impaired  
 TENS machine  
 Thermometer  
 Transportation expenses primarily for medical care  
 Treatment for substance abuse  
 Vaccines  
 Walkers  
 Wheelchair & repairs  
 X-rays

## Over the Counter Medicines

**Examples below, all require a valid prescription.**

Acne medicine  
 Antacids  
 Antibiotic ointments  
 Anti-itch creams  
 Allergy medicines  
 Cold medicines  
 Diaper rash cream  
 Eye drops  
 Laxatives  
 Lice treatment  
 Motion sickness medicine  
 Pain relievers  
 Smoking cessation products  
 Wart remover treatments

## Ineligible Expenses

"Concierge" annual fee  
 Cosmetic procedures  
 Court ordered DUI class  
 CPR class  
 Dental floss  
 Deodorant  
 Diet & weight loss foods  
 Electrolysis  
 Eyeglasses/contacts warranty  
 Face creams & moisturizers  
 Hearing aid warranty  
 Hand lotion  
 Imported drugs  
 Insect repellent  
 Insurance premiums  
 Late fees  
 Marital counseling  
 Maternity clothes  
 Mattresses  
 Medical marijuana  
 Missed appointment fee  
 Mouthwash  
 Non-prescription sunglasses  
 Prepayments  
 Sunglass clips  
 Teeth whitening  
 Toiletries & cosmetics  
 Toothbrushes & toothpaste  
 Vitamins for general health

## Dual Purpose Expenses Requires a doctor's note or Rx w/ a diagnosis stated

Air purifier  
 Dietary supplements  
 Fitness tracker  
 Health club dues  
 Humidifier  
 Hypnosis  
 Petroleum jelly  
 Massage therapy  
 Vitamins for medical condition  
 Waterpik  
 Weight loss programs

### **FlexBank reimburses DAILY!**

Within 24 business hours of receiving your claim form and itemized receipts, FlexBank will issue a check, or directly deposit your reimbursement into your personal bank account. It takes two business days for a direct deposit to appear in your bank account.

### **Review your account 24-7**

You may view your account balance 24-7 at [www.FlexBank.net](http://www.FlexBank.net).

### **Call FlexBank!**

If you have questions and want to talk with someone in person vs. researching online, please call FlexBank's office Monday – Friday from 8:00 am to 5:00 pm at 888.677.8373.